



# HOW TO GUIDE TEACHERS TO AUTHENTIC PRACTICE

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## WATCH OUT FOR EXAGGERATED MOTIONS

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Teachers who are Role Playing (vs. Practice) often do so in a self-deprecating manner in order to deflect discomfort. This might look like larger-than-life gestures, or overly goofy responses or gestures.

## INVENT A SAFE SPACE TO "GO ALL IN"

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Authentic Practice is made possible when teachers can "go all in," as if their students are actually in the room. Guide teachers to this type of Practice by asking them to use real student names and questions from lesson plans.

## CREATE OPPORTUNITIES FOR FEEDBACK

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Help teachers get the most out of Practice sessions by providing feedback. This can come from fellow teachers, or can be generated by filming teachers during Practice, for self-reflection and tweaking.

## FIND THE POSITIVE IN PRACTICE

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Learning to articulate an authentic self to bring to the classroom through Practice is a vulnerable moment for teachers. A positive climate around Practice will lead to better work from your teachers.